

The only uniforms authorized for cadet wear are those described in this manual and available through the current issue of the NJROTC Supply Manual (NSM) NAVEDTRA 37123B. The most updated uniform listing is in JUMS.

### 1-3 THE WEARING OF THE UNIFORM

- a. The NJROTC uniform will be worn by all cadets at least one full school day each week and on other occasions as prescribed by your naval science instructor (drills, ceremonies, and parades). Certain modifications to NJROTC uniforms may be authorized for drill teams and performing units. Such items include leggings, ascots, berets, and guard helmets. **However, modifications to cadet uniforms must be approved by the area manager in advance.** When appropriate, the wearing of reflective gear such as armbands, vests and sashes are authorized. The wearing of uniform articles of sister services with the NJROTC uniform are not authorized.
- b. The combination cap (optional for officers and chiefs) or the garrison cap is a required part of your NJROTC uniform. When outdoors, you shall be covered at all times except when ordered to uncover, or during religious services which are not associated with a military ceremony. While the cap is not normally worn indoors, it is required while on official duty when wearing a guard belt and/or leggings.
- c. Cadets are to be in a complete uniform and in compliance with the uniform standards described in this manual anytime they are in uniform. The wearing of partial or incomplete uniforms so that the uniform can be "preserved" for inspection is not permitted. **Cadets will meet uniform standards whether they are standing an NJROTC inspection or attending other school classes in uniform.**
- d. Uniforms for special occasions such as a field day shall be prescribed by the naval science instructor. All cadets participating at field meets will either be in the complete NJROTC uniform prescribed for the meet, or a complete athletic uniform.
- e. Uniformed cadets may not participate during or in connection with political activities, private employment, or commercial interests, that imply official sponsorship of the activity or interest, or at any other occasion when the wearing of the uniform would discredit the NJROTC program or the Navy.
- f. You may be required to wear a name tag at the discretion of your NSI. When worn, it shall be positioned on the right side of the uniform aligned and positioned opposite to the ribbons on the left side. The bottom of the name tag will be aligned with the bottom row of ribbons. Refer to the illustrations in this chapter beginning on page 1-11.

### 1-4 PERSONAL APPEARANCE AND GROOMING

#### MEN

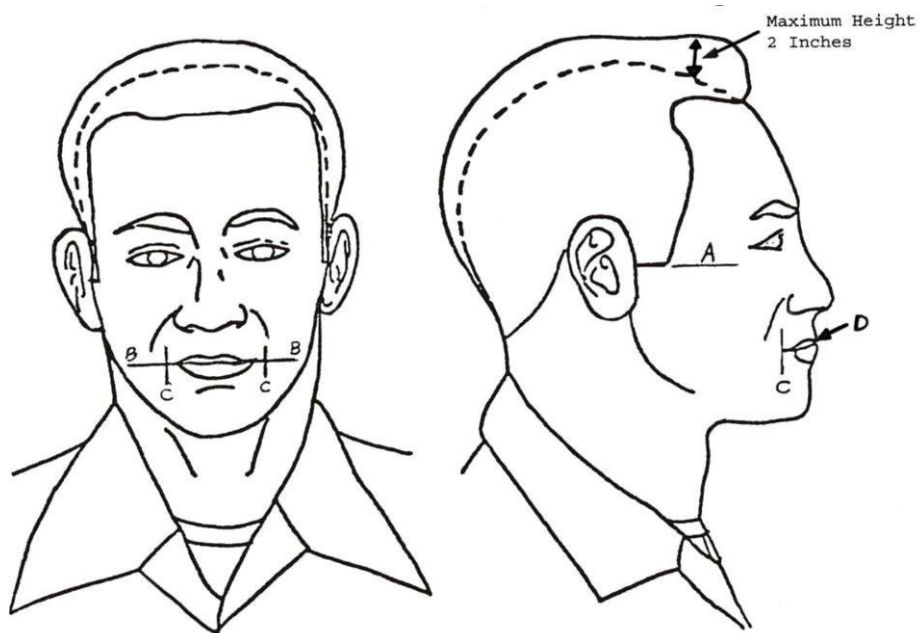
Hair: Neat, clean, trimmed and present a well-groomed appearance. Above the ears and around the neck: must be tapered upwards 3/4-inch and outwards not greater than 3/4-inch. Must not touch the collar. No longer than 4 inches and the bulk shall not exceed 2 inches. (In no case shall the bulk or length of your hair interfere with the proper wearing of your cap. Bulk is defined as the distance that the mass of the hair protrudes from the scalp as indicated by the - - - - - line in the drawing on the next page). One narrow part in the hair is authorized. This may be cut, clipped, or shaved.

Plaited or braided hair is unauthorized. Hair may not show under the front brim of any uniform cap. Below are examples of male haircuts which conform to NJROTC regulations.



Note: Ethnic hairstyles are permitted provided they are groomed to fit within the guidelines stated above. Bizarre hairstyles and faddish or outrageous multicolor hair are unauthorized.

#### GROOMING STANDARDS FOR MEN



Sideburns: Neatly trimmed and tailored as described above. Shall not extend below a point level with the middle of the ear, as indicated by line "A", and shall be of even width (not flared). Shall end with a clean shaven horizontal line.

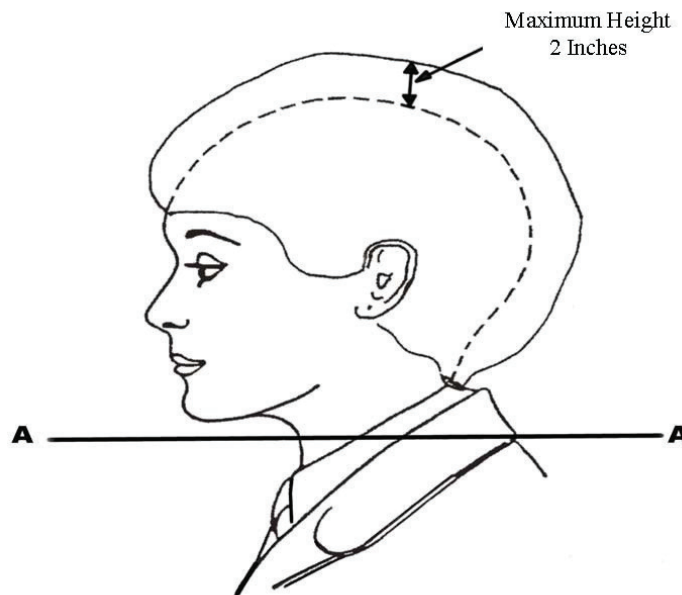
Mustaches: Neat and closely trimmed. No portion shall extend below the upper lip line as indicated by line "D". Shall not be below the horizontal line extending across the corners of the mouth as indicated by line "B". Shall not be more than 1/4-inch beyond a vertical line drawn upward from the corners of the mouth as indicated by line "C". No other facial hair is permitted.

- Fingernails: Will not extend past the fingertips.
- Earrings/Studs: Not authorized in the ear, nose, eyebrows, tongue, lips, or other areas of the face or body visible to the naval science instructor.
- Necklaces: Authorized, but shall not be visible
- Rings: One per hand is authorized.
- Wristwatch/Bracelet: One of each is authorized, but no ankle bracelets.
- Sunglasses: A conservative pair is permitted when authorized by the naval science instructor. Sunglasses are never authorized in military formations. Retainer straps are not authorized.

**WOMEN**

Hair: Clean, neatly shaped, and presents a well-groomed appearance. Lopsided and extremely asymmetrical haircuts and hair styles are not authorized. Braids, if worn, must be neatly and inconspicuously secured at all points to the head, and may not dangle free at any point. May touch, but cannot fall below the horizontal line level with the lower edge of the back of the collar as indicated by line "A" in the drawing below. Must not show under the front brim of any cap. The bulk of the hair shall not exceed approximately 2 inches, nor interfere with the proper wearing of your cap.

**GROOMING STANDARDS FOR WOMEN**



Note: Ethnic hairstyles are permitted provided they are groomed to fit within the guidelines stated above. Bizarre hairstyles and faddish or outrageous multicolor hair are unauthorized. Below are examples of female hair styles which conform to NJROTC regulations.



Hair Ornaments:

Barrettes must be similar to hair color. Conspicuous rubber bands, combs and pins are not authorized.

Cosmetics:

Applied in good taste and colors blend with natural skin tone. Exaggerated or faddish cosmetics are inappropriate. Lipstick should be conservative.

Fingernails:

Shall not be excessive in length. Nail polish color shall complement the skin tone.

Earrings/Studs:

One per ear, centered on the earlobe. Must be a small gold or silver ball (post or screw on). Studs are not authorized in the nose, eyebrows, tongue, lips, or other areas of the face or body visible to the naval science instructor.

Necklaces:

Authorized, but shall not be visible.

Rings:

One per hand is authorized, plus the engagement ring or the wedding ring.

Wristwatch/Bracelet:

One of each is authorized, but no ankle bracelets.